



## *Cheat Sheet*

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# **AI Prompts to Try at Home**

# ARTIFICIAL INTELLIGENCE PROMPTS TO TRY AT HOME

## 20 EVERYDAY IDEAS TO GET GREAT RESULTS

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**AI** can do much more for you when you give it clear, detailed instructions. It really shines when you provide context. Tell it what you're trying to do in detail, what matters most, and how you want the answer delivered. The more information you include (like goals, preferences, and limitations), the better AI can tailor the results to your needs. Use the examples below as inspiration to get the most out of today's AI tools!

- 1 Plan a week-long trip through Missouri that includes nature trails, local restaurants, playgrounds and activities for little kids, and daily drives under three hours.
- 2 Create a weekly meal plan for two adults who want high-protein, low-sodium dinners with no red meat that can be prepped in 30 minutes or less.
- 3 Suggest seasonal landscaping ideas for a shady backyard in the Midwest that doesn't require much maintenance or extra watering.
- 4 Recommend five easy exercises for someone who works at a desk most of the day and has chronic neck pain.
- 5 Generate 15 ideas of hobbies for a retired teacher who wants to foster a sense of community, meet people, and keep their brain active.
- 6 Design a cozy reading nook in my living room using a small budget and mostly existing furniture [accompany with photo of the space].
- 7 Compare the pros and cons of the iPhone 17 Pro against an iPhone 14, including the average price of a used device.
- 8 Suggest beginner-friendly strength training routines using resistance bands for someone in their 60s, and include the best ways to get motivated to actually do it.
- 9 Brainstorm lunch ideas for two vegetarians and four carnivores that I can prepare in advance and serve using only a camp stove on a canoe trip.
- 10 Create a weekly cleaning schedule that breaks chores into 15-minute daily tasks for two people.
- 11 Explain how to back up my digital photo library from Apple Photos on my M1 MacBook Air to an external hard drive [insert brand and model] in plain, step-by-step language.
- 12 Generate a list of 30 rainy-day indoor activities for me and my 3-year-old toddler.

- 13** Suggest 10 thoughtful birthday gift ideas under \$50 for a friend who loves cooking and gadgets.
- 14** Would a Macbook Pro with 16GB of RAM be able to run Microsoft Office Suite and Adobe Photoshop without slowing down?
- 15** Explain shutter speed and aperture as it relates to film photography like I'm 12 years old.
- 16** Suggest a month's worth of healthy breakfast ideas that require minimal ingredients, and draft a grocery list.
- 17** Tell me the most important American comedy movies from 1960-1990, and explain why each one matters.
- 18** Write a classy Facebook caption to accompany a post of me speaking into a microphone at a wedding, and include hashtags relevant to regional couples looking for vendors.

- 19** Give me a list of five questions to ask my doctor about psoriasis.
- 20** Generate a practical comparison between smart blood pressure monitoring devices, taking into account important features and pricing.

### PRO TIP:

Feel free to add lots of detail to your requests. They can be many sentences long, and you can even copy and paste large quantities of text into your prompts. Consider your goals, limitations, and requirements. If you're really specific with what you want, AI will give you better results!



In addition to being an Ad Specialist & Video Producer for iPhone Life, Nicholas Naioti is a musician and audio/video editor. Nicholas has toured the country extensively and currently resides in Kirksville, Missouri with his wife and son Luca.